

When You Are At Your End, Only Jesus Can Heal

Text: **Mark 5:25-34**

1. Are you weary, are you heavy hearted?
 - a. In our text this morning a woman was at wits end, she had tried everything that man could do to heal her pain and misery.
 - i. But, she had exhausted all resources and was at the bottom of (the barrel so to speak) with great depression not knowing what to do.
 - ii. But, she had heard of Jesus and His wondrous works of compassion and healing.
 - iii. She turned to Jesus to heal her, knowing that it was He and He alone who could perform the healing.
 - iv. With her faith, she was healed.
 - b. Today, Jesus can heal the weary and the downhearted.
 - i. Today as this world becomes more and more 'self' oriented, and compassion 'less', the need for Jesus in our lives to help us in our time of need becomes more evident.
 - ii. The world needs Jesus in their lives as a remedy of the many problems and maladies that they have.
 - iii. For, you see it is Jesus and Jesus alone who can and will heal a person's broken-down spirit and broken-heart, if they turn to Him as the woman from the text.

From our text we see that when you have reached bottom, only Jesus can heal!!! We see from our text that she (1) was at the end of her hope, she (2) looked in the right place for healing and (3) with faith she was cured.

I. At the end of hope, with no one to turn to, all attempts have failed. (26-27)

- A. She had tried everything possible to be cured, and yet:
 1. Without cure (no help from the doctors)
 2. Without hope (no answer to her hopelessness) (**Isaiah 57:10a**)
 3. Without a future (bleakness and misery awaited her) (**Psalms 55:4-6**)
- B. The same can be said of many today:
 1. Without a cure of their ailments, emotional hurts and pain and spiritual problems.
 - a. Without a hope of changing – looking in the wrong places for a cure. (**Jeremiah 18:12**)
 - b. Without a future – the future looks bleak and hopeless. (**Job 8:13**)
 - c. Without anyone to help with their problems.
 2. With many turning to alcohol and drugs to drown out the pain or the sorrows, only to have more pains and sorrows.
 3. Or even to suicide (self-murder)
 4. Everything or everyone has failed in their cure of their hurt.

II. She looks up and turns to Jesus as her last hope (27-28)

- A. At the bottom of her sorrows she has only one way to look, and that is up.
 1. To, the only One who could help her:
 - a. For, she had heard of His healing powers (**27**)
 - b. For, she knew who she had to go to Him to receive healing.
 - c. For, she knew that only He could heal her

2. This was her last hope and without the cure all would be lost forever.
- B. The same can be said of many today, with the bottom dropped out of one's life, and nowhere to look, except up:
 1. To the only One who can help
 - a. Jesus said, come to me you who are heavy laden and I will give you rest (**Matthew 11:28**)
 - b. "...if any man thirst let him come unto me.." (**John 7:37-38**)
 - c. In Whom hopelessness turns to hope. (**Psalms 31:24, 38:15, 71:5, 146:5; 1 Peter 1:3**)
 - d. In Whom lifelessness turns to life. (**John 6:27, 11:25**)
 2. To the only One who has the answer to man's woes and misery.
 - a. For, He has the answers (**John 6:44, 14:6; Acts 4:12**)
 - b. Seeking first His Kingdom (**Matthew 6:33**)
 - c. The Beatitudes (**Matthew 5:3-12**)

III. With her great faith she is made whole (34)

- A. Her great faith in the One who could heal her made her whole.
 1. For it was He who provided the cure of her illness
 2. For it was He whom she had the faith that He could heal her (**Hebrews 11:6**)
 3. Her faith was greater than a mustard seed (**Matthew 17:20**)
 4. She touched the garment of the Great Physician and was healed. (**Luke 5:31**)
- B. The same is for us today, is our great faith and trust in the One who can heal us when we are at bottom and can only look up.
 1. Our faith that He can and will heal us according to His will.
 2. Our faith in the ONLY ONE who can heal.
 3. Our faith must be greater than a mustard seed.
 4. Our faith in Him will make us whole.
 - a. In our obedience to Him
 - b. Doing His will. (**1 John 5:14**)

Conclusion:

1. Our only source of healing comes from the Great Physician Himself.
 - a. He has the cures for today's world – the heartaches, the misery, and the problems that are associated with health problems.
 - b. When a person is at their lowest, they must look up to the one who will heal.
 - c. When one is downtrodden, one must look to Jesus for healing.
 - d. When one has no place else to turn to, turn to Jesus, the Great Physician.
2. He will heal the spiritual heart of one who comes to Him naming Him Lord of their lives (*He wants to be Lord in your life*)
3. It is He we need to turn to at all times to help us, for He can and He will help us according to His will.
4. Today, won't you come to Jesus for healing? (of a broken heart, a broken life, or just plain down hearted)